



SWEET HOME CITY COUNCIL
SPECIAL MEETING AGENDA

November 29, 2016 6:00pm
Immediately Following City Council Work Session

City Hall Annex (Council Chambers)
1140 12th Avenue
Sweet Home, OR 97386

1. Call to Order
2. Roll Call:

Councilor Gerson	Councilor Mahler
Councilor Goble	Councilor Trask
Councilor Goodwin	Councilor Underwood
Mayor Gourley	
3. New Business:
 - a. Consideration for Letter of Support of Love Thy Neighbor Services
6. Adjournment

The location of the meeting is accessible to the disabled. If you have a disability that requires accommodation, advanced notice is required by notifying the City Manager's Office at 541-367-8969.

Love Thy Neighbor Services was started to help people in the Sweet Home area which is a rural high poverty area. It is a struggling timber town population of 8925. 68 % Economically disadvantaged. 24 % of kids live at or below poverty level and 34 % single parent rate. Drop out rate of 5.3 %. 245 out of 2280 students were homeless in 2015. Many more families are on the verge of homelessness.

Goals and Objectives

To prevent hopelessness and homelessness. The desired outcome of this program is prevention of hopelessness and encouragement for clients to help themselves by using resources responsibly and fulfilling self-sufficiency. Prevention of client hopelessness through assisting clients and pointing out alternatives available through local resources prevents clients from being unemployed or homeless and ultimately on welfare. Our goal is to work towards self-sufficiency and offer help to people who do not qualify for other agencies.

To prevent or end homelessness and to keep families self-sufficient. The target population is largely families with children and where there is no existing program to help families stay or become self-sufficient. Stability is necessary to allow adults to pursue employment and keep children in school.

Low income working families that live paycheck to paycheck have a hard time providing all the necessary basics for the family. If the family is not stable how can they function properly in the work force or kids in school.

By working together we alleviate duplication, allowing resources to go further in helping those in need. This partnership would not only make resources go further but allows clients to receive reliable information and case management if needed to maintain stability.

We work with other agencies to find help for clients and by doing so we have seen a gap in areas that are not covered and make a big difference on meeting the monthly obligations and being able to stay self-sufficient. We would like to expand our services so we could help with those areas.

Programs and projects that are in the works or future plans that Love Thy Neighbor plans on offering to the community.

Home Sweet Home Cafe

The goals for the Café are:

- 1} Help stimulate the local economy. We can offer up to 6 jobs to begin with and as we grow can be 12 to 15 full time jobs.
- 2} We have two different job training/work experience programs to help people gain job skills. One with Linn Benton Community College Jobs program, training their students and DHS clients along with giving them work experience. The second one is training and work experience, for "The Hangout" a center for preteens and teens.
- 3} The café will teach The Hangout students life skills in cooking, inventory control, money management, and customer service.
- 4} The meals the students prepare will be served to the hungry, and once a month the students will cook for their families.
- 5} The café will have a food program to help feed the homeless.
- 6} The café will also be a source of income.
- 7} Café will provide meals for The Hangout Healthy meal program.
- 8} Senior special once a week: Gives the Elderly a place to socialize and have a healthy hot meal.

The Hangout

Sweet Home community and their youths are in great need of a place that is safe and fun but also offers resources to meet their needs.

The Hangout, a safe social environment for preteens and teens which will enhance and provide experiences that will help prepare youth for future success. The Hangout will provide a game room for fun and socializing, study room with access to computer for school work and help, on line school access - accredited so they can participate in school activities, tutoring, mentoring, Work experience program, Library/reading room, Teach life skills, communication, Healthy meal program - some kids only get to eat at school so this will give them a hot evening meal and weekend meals. Showers and laundry services, Health program - medical, eye, dental, mental and substance abuse. Program will grow and add as resources become available.

Healing House

The Healing House will be a transitional home for older women. Women who have no resources, at risk or homeless. The Healing House will help them with their needs and work towards becoming self-sufficient.

There is a great need for this home. Older women have no resources available to them. If you have no insurance you can not be seen by doctors or mental health, if she was a stay at home mom and wife she has no work experience, or if not able to work because is disabled the Healing House will be able to help with their issues and give them a safe, healthy and supportive place to stay while working towards self-sufficiency.

A lot of women just need a little help to become self-sufficient, without help they become homeless and once homeless it is harder to get back on their feet and become self-sufficient.

If women already have a place but just needs help becoming self-sufficient the Healing House would be able to help them. Keeping women stable and self-sufficient will not only help them but people in our community would benefit from this. Homelessness is growing in our area and once homeless it is hard to get out of that situation so we would like to prevent women becoming homeless.

Veterans shelter, Family shelter and Over night shelter

Community Garden

Fresh produce is costly and people on tight budgets can not afford to buy the nutritious fresh foods we all need in our diets.

Goals

Locals will be able to grow nutritious fresh produce.

Plots for low-income/homeless food program.

Plots for the elderly and handicapped.

Provide healthy nutritious fresh food for youth program.

Extra produce sold at stand or farmers market as source of income.

Objectives

Provide nutritious fresh local produce to the community. Inside will have a share table to exchange with others and extra will be sold for source of income.

We will host classes on Gardening, canning and preserving produce.

Showers

The homeless have no place to clean up. Weather it is for personal hygiene, students for school, or job search. We would like to provide safe, private showers.

Laundry mat

The same goes for clean clothing, so plan on having laundry mat for all programs to use.

Future projects include a Home/shelter for veterans, a Family shelter and a overnight shelter.

MMT Clinic

Out patient treatment clinic to help fight homelessness and mental illness support.

Love Thy Neighbor Services Home Sweet Home Café

Mission Statement

To serve Sweet Home community while serving Sweet Home community.

Goals

Provide on the Job Training for adults and youths.

Teach life skill classes for the Hangout program.

Help boost local economy.

Offer employment

Income source.

Objectives

On the Job Training will be offered to people seeking job skills. We are currently working with Linn Benton Community College and Dept. Of Human Services, to help train their clients to further their skills to get sustainable Jobs. Most Restaurant Business's want experienced employees, this program will give them experience.

Help the youth gain life skills by having cooking and baking classes, budgeting, shopping and inventory control.

Help boost Sweet Home economy by offering five to ten jobs the first year.

As a functioning Café, it will be a source of income to help fund other projects.

Be part of the Healthy meal program for the Hangout.

Feed the homeless a hot meal at least once a week.

Healthy meals for seniors once a week for socializing and have a safe fun place to get out to.

To have a Non profit Café is a new idea but is growing. It is an opportunity to enrich our community in so many ways. As a Café we are able to run a small business by serving restaurant quality food to the community while making money for funding other projects in the agency.

We will be able to hire staff.

On the Job Training will be offered to people seeking job skills. We are currently working with Linn Benton Community College and Dept. Of Human Services, to help train their clients to further their skills to get sustainable Jobs. To offer valuable training will help promote better job opportunity for the client we are working with. Most Restaurant Business's want experienced employees, training is a costly expense and this program will give them experience. The training will help them attain a better paying position.

Help the youth gain life skills by having cooking and baking classes, budgeting, shopping and inventory control.

Hold restaurant style soup kitchen for the homeless.

Provide Healthy meals for Youth and other programs.

MMT is an evident based treatment, it is not based on theory or philosophy
It is based on medical research. Methadone has a long and well documented track record of success.

Many people who use opiates are able to stop using and build a stable recovery without any treatment at all. On the other end of the spectrum, many others have tried their best dozens of times to stop using without success, even with treatment.

Most of the time, the difference isn't about how hard they tried, how much they wanted it or anything to do with willpower.

Instead, it is about how long the person has used, how much the person used, weather they have a genetic predisposition for addiction, or weather they also have mental health challenges. It is fair to say that those who have tried repeatedly to stop using without success have **complex addiction.**

We At Love Thy Neighbor Services are committed to helping low income and homelessness. We are here to help not only to provide services to enrich our community and help solve homelessness.

To help solve homelessness we feel we need to treat the underlining issues. And most can agree that is mental illness. There are many different types of mental illnesses. We would like to help give the community guidance to types of help. One major mental illness crippling Sweet Home is addiction. Addiction is a mental illness and most will need life long treatment like any mental illness do.

In patient works well for some, but some will need life long treatment. We are purposing a program called Methadone Maintenance Treatment (MMT). This will provide a valuable resource to Sweet Home Community. Give back lives and restart the road to stability. Safe way for pregnant women to stop using and safe for the child. Our goal is to give and option to change and stabilize their future.

Will help communities of Albany, Lebanon, and Sweet Home. Right now only in Salem and Eugene have MMT and they are over loaded with their caseloads. People are traveling from as far as the coast to get treatment in Salem. Averaging to start 100 to 170 patients

We are asking for a show of community support for the grants we are trying to attain.

Estimated 13.5 million people in the world take opiates (or) like substance. 9.2 million who use heroin. And 586,000 suffer from heroin use disorder in the US. Also estimated that 900,000 in the US used just the past

year in 2014 study. In a study in 2008 4 in 5 drug related deaths from opiates.

In 2011 258,482 ER visits, with the age most affected is 21yrs to 24 yrs at the highest risk rate.

Another study shows in 2013 8,000 overdose deaths.

MMT has been used to treat opiate addiction since 1964.

For more than 45 years research has confirmed that opiate treatment (MMT) is highly effective treatment for opiate addiction provided outside primary care.

The safety and efficacy of MMT has been unequivocally established.

Prolonged oral treatment with this medicine diminishes and often eliminates and reduces criminal activity

Of the various treatment available, MMT, combined with attention to medical psychiatric and seriocomic issues as well as drug counseling, has the highest probability of being effective

Recovery without medications produce only 5% - 10% success rate, as MMT success rate ranges from 60% - 90%

Methadone is a slower 24 hour half life acting vs. heroin is short acting with withdrawals effect rapidly. MMT works by stabilizing users so they do not have induced euphoria or suffer severe withdrawal symptoms.

Much often misunderstood, methadone remains a wonderful gift, a gift that has saved thousands of lives, held together families, and bought hope and success to many who felt hopeless and defeated by their addiction.

Methadone will not address any underlying mental health issues all by itself, but will address opiate dependence which will allow the person much more freedom to take a look at any underlying issues. Methadone plus counseling is a powerful combination.

MMT Clinic

With 6 counselors we can hold 3 hour and half group classes a day 6 days a week.

Class 1: coping/recovery

Class 2: Life skills/socialism

Class 3: Family healing/PTSD, anxiety

Also 144 individual 45 minute one on one counseling, and 240 individual 15 minute check-in with clients a week.

Counselors will hold 3 classes that are hour and half long per week. Have 14 hours a week for 45 minute one on one counseling tailored for that client. 10 hours a week for 15 minute check-ins with clients also have 48 open emergency/crisis spots a month as needed for clients.

Clients will have random UA's. Visits with the doctor. Have to attend 3 hour and half classes a week. 2 45 min one on one counseling sessions, with 2 15 min check ins with their counselor a month. Doctor once a week to note progress and make any changes needed. The nurse will be distributing the medication 6 days a week and following Doctors orders for that individual client.

Front receptionist will be checking in clients, notify them of UA's, up coming counseling/check in, answer phones, filing ect.

Billing specialist will be billing medical insurance for our services.

Guards to keep grounds secure and safe for everyone.

Administrator to oversee all operation of clinic.

Clients will be allowed to come to get their medication from 5:30 AM to 11:30 AM. They will check in at receptionist and be given a number {wait line}, or asked for UA, and/or be notified of up coming counseling session. Client at that time can ask to be seen by counselor or Doctor to address any needs. Follow whatever is needed that day at check in. When their number is called the Nurse will give medication that is to taken that day. If they are on take out the medication will be kept in a safe until they check out than will be given. Same on Holidays doses will be given the day before.

As client progress and have good UA's they move up in treatment levels for take out medication, counseling and Doctor decreases.

As clients have bad UA's, not following treatment plan can go down in treatment level and lose take out, or be discharged from program.

Two way clients discharge from clinic. One 30 day rapid medication dose wean off or distress: example Client is being discharged for not following treatment plan for various reasons stated in file and has to go through 30 day rapid dose decrees. Client is at 80 mg will be having a 3mg decrees in

medication daily until day 30 will be 0mgs. We will offer other resources at the time and encourage continue recovery and client will be allowed to reapply for treatment after 90 days.

Second way of discharge. The client choose to leave. At that time will set up a weekly medication dose decrees set by Doctor and client. Example: client has been in the program for 3 ½ years and is following treatment plan good, client is ready to be weaned off medication all together.

Doctor prescribes client to go from 80mg to 5mg weekly for 16 weeks until completely off all medication. Client will continue treatment plan along with counseling services as needed.

Things to know about MMT

Methadone is a medication to treat opiate dependence

Methadone prevents withdrawals, limits cravings and blocks the effects of other opiates

Opiate dependent people who are in treatment with Methadone live longer

Long term treatment with Methadone is better than short term treatment with Methadone

Methadone is gold standard treatment for pregnant women who are opiate dependent

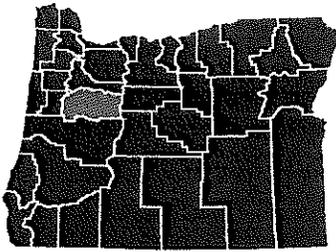
Methadone treatment requires a strong commitment to recovery

MMT is a real recovery

Why Sweet Home?

LTNS is based out of Sweet Home, we are committed to helping Sweet Home.

Sweet Home was picked for Samaritan In patient program, stating by the president it is “a absolute certainty” that the Sweet Home region needs a rehab program.



Linn County

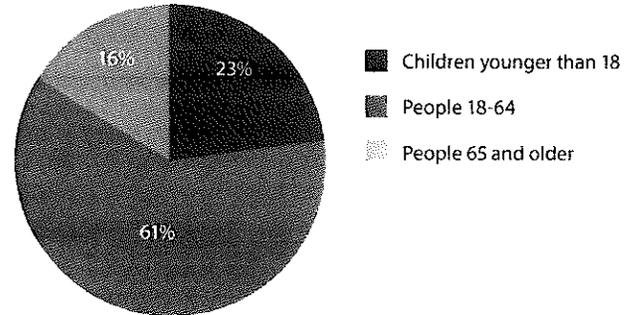
Community Services Consortium (CSC)
 250 SW Broadalbin, Suite 2A, Albany, OR 97321-2299
 Tel: (541) 928-6335 Fax: (541) 967-9307 www.communityservices.us

County Population

Total Population (2009-2013)	117,648
# Change since 2000	14,579
% Change since 2000	12.4%

Poverty Rates (2009-2013)	Linn County	Oregon	United States
Total Population	20,724	614,778	46,663,433
Percent in Poverty	17.8%	16.2%	15.4%

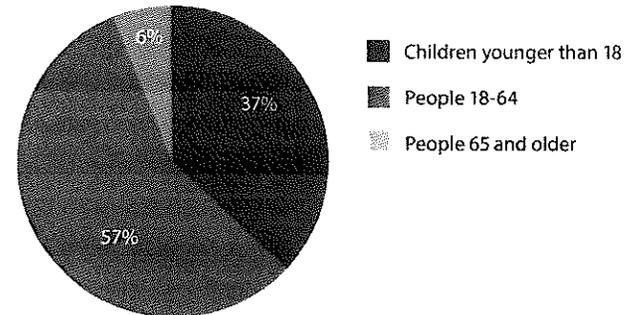
Population by Age (2009-2013)



Poverty Population Characteristics

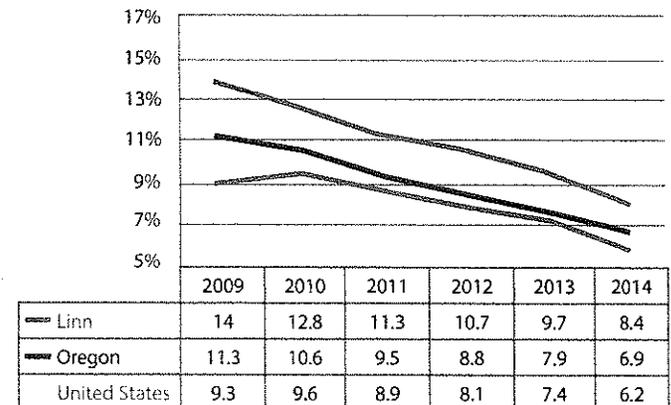
Poverty Rates by Age (2009-2013)	% in Poverty	% of People in Poverty	% of Total Population
Total Population	17.8%	-	-
Children younger than 18	27.7%	36.6%	23.6%
People 18-64	16.8%	57.1%	60.7%
People 65 and older	7.1%	6.3%	15.7%

Poverty by Age (2009-2013)



Poverty Rates by Family (2009-2013)	% in Poverty	% of Families in Poverty	% of Total Families
All Families	12.6%	-	-
Families w/ children under 18	23.1%	80.8%	44.0%
Single women with children under 18	50.9%	47.7%	11.8%
Families that worked full or part time	9.7%	58.5%	75.9%

Unemployment Rates, 2009-2014



 **Services Provided**

Linn County Services	2009	2010	2011	2012	2013
Units funded by OHCS	117	1	0	28	54
OHCS funding for affordable housing	\$4,250,651	\$38,509	\$0	\$1,050,000	\$1,885,000
Households receiving energy assistance - #	4,821	5,094	4,604	4,659	4,226
Disconnects prevented - #	2,874	2,841	2,730	3,047	2,797
Restored utility - #	302	250	199	300	183
Household income for energy assistance - avg \$	\$13,718	\$13,831	\$13,781	\$14,025	\$14,362
Students eligible for free/reduced lunch - #	8,803	9,886	10,063	10,242	10,114
Students eligible for free/reduced lunch - %	41%	47%	47%	47%	46%

Food Stamps and Temporary Assistance

Linn County Services	December 2011	December 2012	December 2013
Population Receiving Food Stamps %	25.1%	25.5%	25.4%
Population Receiving TANF %	2.3%	2.8%	2.8%

 **Household Income and Housing Burden**

Household Incomes (2008-2012)	Linn County	Oregon	United States
Median Household Income	\$47,129	\$50,036	\$53,046
Renter Median Household Income	\$28,790	\$30,993	\$32,212
Owner Median Household Income	\$57,565	\$65,076	\$67,062
Total Households	44,565	1,512,705	116,444,395
Renters % of income spent on housing	30.2%	31.8%	31.1%
Owners % of income spent on housing	21.8%	22.9%	21.1%
Extremely Low Income (30% of Median Household Income)	\$14,139	\$15,011	\$15,914
Households earning 0-30% Median Household Income	4,460	176,505	15,151,390
Burdened households earning 0-30% Median Household Income	3,390	139,558	11,434,125
% Burdened	76.0%	79.1%	75.5%
Very Low Income (50% of Median Household Income)	\$23,565	\$25,018	\$26,523
Households earning 31-50% Median Household Income	4,650	173,495	13,825,610
Burdened households earning 31-50% Median Household Income	3,200	131,141	9,531,170
% Burdened	68.8%	75.6%	68.9%
Low Income (80% of Median Household Income)	\$37,703	\$40,029	\$42,437
Households earning 51-80% Median Household Income	7,045	258,060	19,090,870
Burdened households earning 51-80% Median Household Income	3,580	134,066	8,787,035
% Burdened	50.8%	52.0%	46.0%

 **Homeless Count**

Linn County Point-in-Time Count 2015	
Total Homeless Households	181
Total Homeless Persons	222
Total Sheltered Homeless	154
Total Unsheltered Homeless	68
Chronically Homeless Persons	72
Homeless Veterans	27
Chronically Homeless Veterans	17



Love Thy Neighbor Services needs your help so we can continue to help families in our community.

Yes, I would like to help people in my community.

_____ Monthly gift Amount enclosed \$ _____
_____ Occasional gift

Name: _____

Address: _____

Phone: _____

Please make payable to Love Thy Neighbor Services
P.O. Box 314 Foster, Or 97345



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LOVE THY NEIGHBOR SERVICES
P.O. BOX 314
FOSTER, OR 97345

APPLICATION FOR VOLUNTEER SERVICES

Name _____
Address _____ City _____
Phone # _____
Are you older than 18? YES NO Date of birth _____
Social Security number _____ Gender M F
Occupation _____
Employer Name _____ Phone # _____
Describe your formal/informal training and experience pertinent to the volunteer services
you would provide _____

What do you hope to gain from volunteering? _____

Other Organizations you have volunteered for _____

Supervisor: _____ Phone # _____

Availability: When are you available

Monday _____ AM to _____ PM Tuesday _____ AM to _____ PM
Wednesday _____ AM to _____ PM Thur _____ AM to _____ PM
Friday _____ AM to _____ PM Sat _____ AM to _____ PM
Sunday _____ AM to _____ PM

Interests

In which areas are you interested/best suited to volunteer?

___ Mentoring ___ Tutoring ___ Coaching ___ Fundraising
___ Environment ___ Health/wellness ___ Building/repair ___ Forestry/outdoor
___ Homelessness/Hunger ___ Other _____
___ Leadership
___ Supervising/monitoring: _____
___ Teach life skill class : _____

Special Skills or Qualifications

Skills and qualifications can be acquired through employment, previous volunteer work,
or other activities such as hobbies or sports. What skills or qualifications do you have as a
volunteer?

Have you ever been convicted of any criminal offense other than parking violations and juvenile offenses? _____

Certifications Are you certified in:

___ First Aid ___ CPR ___ Pediatric CPR ___ Lifeguard

When Driving Is Required

Do you have a valid driver's license ___ YES ___ NO

REFERENCES

1. _____

Name Occupation Phone #

2. _____

Name Occupation Phone #

EMERGENCY INFORMATION

Name and phone number of person to be notified in case of accident or emergency

Our Policy

It is the policy of this organization to provide equal opportunities without regard to race, color, religion, national origin, age, or disability.

Thank You for completing this application form and for your interest in volunteering with us.

Agreement and Signature

By submitting this application, I affirm that the facts set forth in it are true and complete. I understand that if I am accepted as a volunteer, any false statements, omissions, or other misrepresentations made by me on this application may result in my immediate dismissal.

Signature

Date

Love Thy Neighbor Services Position on the Problem of Child Abuse

We make an active effort to prevent child abuse, which may include but is not limited to the following:

A background check, and references from past employers and volunteer organizations. When practical, volunteers should not put themselves in a position in which they are alone with a single child and cannot be observed by others. Allegations or suspicions of child abuse are taken seriously and are reported to police and/or state agencies for investigation.

Love Thy Neighbor's goals for youth are:

1. To help youth develop to their fullest potential.
2. To deliver programs in a positive environment of safety, support and care.
3. To support and strengthen the family unit.

Additional Volunteer Code Of Ethics and Rules

I have been informed of LTNS'S position regarding child abuse, and have read and understand that portion of my Volunteer Application and Agreement titled "LTNS Position on the Problem of Child Abuse ." I understand that in addition to the State mandates, LTNS will, among other things, conduct a thorough check of my background.

I understand that allegations or suspicions of child abuse are taken very seriously and will be reported to police and/or State agencies for investigation and that LTNS will fully cooperate with any related investigations and will pursue the prosecution of child abusers to its full extent. I still desire consideration as a volunteer for Love Thy Neighbor Services.

Affirmation

I hereby affirm that my answers to questions on the application are true and correct, and that I have not knowingly withheld any fact or circumstances that would, if disclosed, affect my application unfavorably. I understand that any false information submitted in this application is cause for denial of this application or termination of my volunteer services regardless of when or how discovered, and that my service is subject to government regulation, LTNS review and acceptance of fingerprint record and proof of minimum age.

I hereby waive any right to claim that any request or investigation is an invasion of my privacy, since they are made with my consent and it is in my best interest while being considered for a volunteer position.

I hereby acknowledge that I have read and understand the above statements and that I voluntarily sign this affirmation.

Signature of Applicant

Date